



ALLEXTON & NEW PARKS FOOTBALL CLUB

Incorporating: Allextion & New Parks Junior, Allextion & New Parks Girls FC,
Allextion & New Parks Junior 96 FC

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www.anpfc.org



CHARTER STANDARD
COMMUNITY CLUB

Allextion & New Parks Football Club

Covid-19 Risk Assessment

- Hand Sanitiser available on arrival and departure.
- Training sessions will be an hour long. Coaches will be able to arrive 15 minutes to set up for their session, they will also be given 15 minutes at the end to clean down their equipment.
- All footballs and training equipment are to be sprayed with anti-bacterial cleaner between usage.
- Players are to bring their own drinks, and to leave them two metres apart. No spitting or spitting of water at any time period!
- Parents will be allowed to watch the training sessions from a designated viewing area to ensure and confirm that safety procedures are in place at all times. Parents will be responsible for their own social distancing.
- Team coaches are encouraged if possible to create their own social bubble of at least 2 parents who can assist the coaches with guiding players to training areas or to & from the carpark.
- 5 players MAX per group (per coach). Ensure players and (parent watching are AT LEAST two metres apart at all times. Ensure each group has a large distance away from the other groups and players are NOT to swap between groups during sessions.
- Limited equipment usage balls & cones only (NO goals, NO bibs or other training equipment will be available through the club) If you have your own equipment it will then be your responsibility to ensure it cleaned after each session.
- Where possible each player should try and use the same ball without needing to handle it.
- Any player/parents/coaches showing any symptoms of the virus are NOT attend the ground/facilities under any circumstances.
- The Clubhouse will remain closed, this means there will be NO toilets are Refreshments available.

- Any First Aid need WILL be given if needed by qualified coaches with a First Aid Certificates (as instructed by the FA) Gloves and a face mask will be worn at all times during any First Aid treatment.
- When attending any training session there will be a drop off point and collection point to avoid any cross over of players arriving and leaving. A map and directions will be provided.

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 12 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY
e.g. practice of individual skills or fitness activities

PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD

FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES

Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.

Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE

Football coaches can now undertake small group sessions with no more than five other people from outside your household but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers. Coaches must work on a ratio of one coach to groups of no more than five children in each group (1-5) and there must be a minimum of two FA-DBS-checked adults present at any one time. – see Download 5.5 at <http://www.thefa.com/football-outlets/governance/safeguarding/section-11-the-complextu-downloads-directory>

TRAINING FOR TWO OR MORE GROUPS OF SIX (WITH EACH GROUP INCLUDING A COACH)

It is permissible for coaches to organise a training session that has two or more groups of five plus a coach involved, as long as the groups are kept separate, and everyone is socially distancing, and strict hygiene measures are in place.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS

Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

! Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.